

What is a Mother's help?



A mother's helper is someone who assists parents or families in need of extra care for their children while the parent is present at home. This position is often filled by young girls looking to acquire new skills or by older students seeking training for future childcare roles or their first job after being an Au Pair. Unlike babysitters, nannies, or in-home care providers, a mother's helper has diverse responsibilities and typically works alongside an adult who is also present in the home. This role is particularly beneficial for parents who work from home, home-school their children, or run a home-based business.

While there are no specific training or qualification requirements for mother's helpers, it is recommended that they have CPR and first aid training.

Additionally, they are not obligated to work more than 35 hours per week and can choose to live in or out of the family's home.

Thank you for reading

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Duties of a Mother's helper



A mother's helper is a valuable asset who assists parents with various tasks related to childcare, running errands, preparing simple meals, and light housework. Hiring a mother's helper can bring immense relief to parents for several reasons. Here are some ways in which a mother's helper can make a parent's life a little easier:

1. Providing the opportunity for a parent to take a much-needed quick nap, shower, or even a bathroom break, knowing that their child is in capable hands.
2. Taking care of the dishes while mom engages in playtime with the kids, allowing her to bond and create precious memories.
3. Entertaining a toddler while mom tends to a baby, ensuring that both children receive the attention they need.
4. Assisting with administrative tasks such as paying bills, doing laundry, and organizing the house, giving the parent more time to focus on their family.
5. Helping with homework, ensuring that children receive the necessary support and guidance in their studies.
6. Preparing easy and nutritious lunches, as well as snacks, saving the parent time and effort in the kitchen.
7. Engaging with the kids while mom tackles some work or participates in a conference call, maintaining a productive balance between work and family life.