

# What is a Night Nanny



A night nanny is usually an experienced caregiver who provides overnight child care. While they may not have formal training or certifications specifically for newborns and their sleep and feeding routines, many night nannies have extensive hands-on experience with infants. Hiring a night nanny can be a valuable source of support for parents, helping to lighten their workload and provide much-needed assistance.

In addition, night nannies are renowned for their unwavering commitment to families, adapting to different roles, while maternity nannies are typically engaged for shorter periods. Night nannies usually maintain a longer-term association with families compared to maternity nannies, often complementing their daytime duties.

*Thank you for reading*

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